

MESSAGE DISCUSSION GUIDE

If I'm Honest... // Week 2 // I am Ashamed

Oct. 7/Oct. 8, 2017



ICEBREAKER

Tell of a time you were completely embarrassed.

KEY SCRIPTURE

Psalm 139

DISCUSSION QUESTIONS

God Knows Me

1. Read - Psalm 139:7-10
2. What does it mean that God is Omniscient and how can knowing that truth free us to be honest with God about our feelings?
3. Do you view God as a loving parent?
4. If you'd like to share, how has your Dad shaped the way you view God?
5. How does knowing that God loves you and pursues you no matter what you've done make you feel?

God Made Me

1. Read - Psalm 139:13-16
2. What does it mean that we are fearfully and wonderfully made?
3. Read - Romans 8:28
4. How has God used your imperfections to bring Glory to him and good for you?

PRAYER

Our Father, Dad, we are so glad that It doesn't matter how we feel, where we try to hide, where we go or what we've done or what has been done to us. You are with us. You are pursuing us and you have marvelous plans for each one of us. Help each of us to rid ourselves of shame, to be honest with you and share our feelings. Fill us with your joy and peace. Thank you so much for being a loving Father, We love you Lord. In your name we pray this, Amen.

CHALLENGE

Rid yourself of shame and guilt. Be vulnerable to God and let him carry your burdens!